



### **Eyebrow Micropigmentation Post Procedure Care**

Micropigmentation (semi-permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person’s skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is not complete after the initial procedure. In all cases, a follow-up appointment is required approximately 6-8 weeks after your initial application to fine tune and ensure the best result. Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.

- After your procedure, apply a very thin coat of the after-care ointment to the area twice a day for 3-4 days (or until all scabbing/crust has come off) after cleansing with a mild soap such as Cetaphil or baby shampoo.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Avoid sweating such as from vigorous exercise for 1 week post-procedure.
- For at least one week post-procedure or until healing is complete (whichever is longer):
  - Keep your hands clean and avoid touching the affected area(s).
  - Do not scrub or pick treated areas.
  - Do not use peroxide or Neosporin on treated areas.
  - Do not expose area to direct sun or to tanning beds.
  - Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
  - Do not apply makeup to the treated area until completion of the healing cycle or approximately 10 days.
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.
- Do not resume any method of eyebrow hair removal or coloration for at least two weeks.
- Avoid eyebrow tinting within 48 hours before or two weeks after the procedure.

### What will make your eyebrows fade?

- Lighter pigment - blondes fade faster than brunettes
- Oily skin – hair strokes will both fade and blur over time
- Frequent exercise - the salt in sweat will purge the pigment from the skin
- Sun exposure - the sun bleaches everything
- Certain medications
- Anti-aging skincare products
- Acne medications and cream
- Youth – simply put, the younger/healthier you are, the faster your cells turn over

### Eyebrow Micropigmentation Healing Schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect. Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

We have selected optimal pigments used in your procedure which have display very high retention. Therefore, you should only lose around 10% of the initial color after completion of the healing process. However, during the healing process you may experience the color appearing too light around the 6<sup>th</sup> day, but then returning after about 10 days.

Day 1 Expect light to moderate swelling and redness. The skin's redness causes the color of the pigment to appear darker.

Day 3 Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.

Day 4 The skin begins to flake, peeling from the outside edges first. Do not pick scabs away!

Day 5 Color finishes flaking off and appears softer and grayer for a few days until color clarifies.

Day 6 The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.

Day 10 The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

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Name (Please print legibly)

Date

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Client Signature

Date

